

2024/2025 PE AND SPORT PREMIUM REPORT

EVIDENCING THE IMPACT, EXPENDITURE & SUSTAINABILITY

All children and young people should live healthy active lives. The [UK Chief Medical Officers recommend](#) that all children and young people should take part in moderate to vigorous intensity physical activity for at least 60 minutes every day, with the recommendation for disabled children and young people being 20 minutes of physical activity per day.

It is important that schools are supporting children and young people to achieve this aim. This is particularly true of primary schools where the foundations of positive and enjoyable participation in regular physical activity are embedded.

The Department for Education (DfE) wants all children to have equal access to high-quality PE provision and opportunities to experience and participate in a wide range of sports and physical activities. Schools should aim to provide high-quality PE and sport for at least 2 hours a week, complemented by a wide range of extracurricular sport and competitive opportunities. By providing this it can help improve children's health and wellbeing, personal development as well as academic attainment.

Schools should use the PE and sport premium funding to support children to meet 60 active minutes and achieve the above aims. This funding must not be used for core-type school activities. Schools should use it to:

- make additional and sustainable improvements to the PE, sport and physical activity they provide
- provide or improve equal access to sport for boys and girls
- ensure teachers have the relevant skills and knowledge to confidently teach PE in a structured way, prioritising continued professional development (CPD) and training where needed

PE & Sport Premium: Government intent

The purpose of the PE and sport premium grant is for schools to make additional and sustainable improvements to the provision of PE and sport for the benefit of all primary-aged pupils to encourage the development of healthy, active lifestyles.

This means schools **must** use the PE and sport premium to:

- build capacity and capability within the school and ensure that improvements to the quality of PE, sport and physical activity provision made now are sustainable and will benefit pupils joining the school in future years; and
- develop or add to the PE, sport and physical activity that the school provides

Effective use of the funding

Schools should use the PE and sport premium funding to support children to meet 60 active minutes and achieve the funding intent (stated above). This funding must not be used for core-type school activities.

Schools should use it to:

- make additional and sustainable improvements to the PE, sport and physical activity they provide
- provide or improve equal access to sport for boys and girls
- ensure teachers have the relevant skills and knowledge to confidently teach PE in a structured way, prioritising continued professional development (CPD) and training where needed

It is important that schools make the most effective use of the premium. To best achieve this, spending should focus on making improvements in 5 key areas, to assist in:

1. increasing confidence, knowledge and skills of all staff in teaching PE and sporting activities
2. increasing engagement of all pupils in regular physical activity and sporting activities
3. raising the profile of PE and sport across the school, to support whole school improvement
4. offer a broader and more equal experience of a range of sports and physical activities to all pupils
5. increasing participation in competitive sport

Evidencing the impact: Review of PE & Sport Premium expenditure 2024/2025

Outcome/Action	Key Intention	Key Achievements & Impact	Spending
1	Improve the quality of planning and delivery in PE lessons to develop positive attitudes to learning Increase the participation in sport and activity	<ul style="list-style-type: none">- Increase in pupils meeting their daily physical activity goal- Increase in pupils accessing a range of sport and physical activities- Staff feel more confident in delivering opportunities for physical development- Pupils have access to a wider range of engaging resources and activities throughout the school day.	<u>£1000</u>
2	Increase the number of children being physically active in school	Inside Classrooms: Teachers to use physical activity in the classroom to support transitions and re-energize children e.g. cosmic kids yoga, go noodle, Joe Wicks, Danny Go etc At Breaktimes: -Active Breaktimes and Lunchtimes - Sporting and Play Equipment purchased for class break time boxes / Areas to	<u>£5000</u>

		<p>support this on the playground</p> <ul style="list-style-type: none"> -Buddy Bench – to promote inclusion for children without a friend to play with at breaktime - Events such as the Olympic Torch Relay Fun run event June 2023, 2024 and 2025 with an Olympian/Paralympian attending have inspired the whole school to be more active <p>Extra Curriculum:</p> <ul style="list-style-type: none"> -Breakfast club - Extra - curricular clubs - Monitor participation levels through registers -Forest school for different year groups across the school year. -Gross Motor Skills / Sensory Circuits -Active Travel week – measuring whole school travel habits across a week 	
3	Purchase of equipment for PE curriculum	Purchase of equipment to support lessons: e.g. balls (tennis, shortex, futsal, footballs, basketballs), hopper, batting tees, shin pads, football kit, reflex stumps, bats, gymnastics time pack, basketball shot trainer, ropes, gymnastics mats)	<u>£1000</u>
4	<p>Improve pupil's physical activity and mental well-being</p> <ul style="list-style-type: none"> - Implement physical activity breaks across the day - Provide 1:1 and group physical interventions for identified pupils - To provide information, workshops and sessions for parents to attends 	<ul style="list-style-type: none"> - Pupils increased their knowledge of the link between mental well-being and activity - Pupils can articulate how they are feeling, using the zones of regulation and know which physical activity might help them to self-regulate - Parents and Carers increase their knowledge of the link between mental well-being and activity - Parents are aware of the Zones of Regulation and how this can help children to articulate how they are feeling, using the zones of regulation and know which physical activity might help them to self-regulate - Clubs offered - Autumn – football, dodgeball, gardening, multi sports, wellbeing, Storytime. - Spring – Multi-sports, Carnival, mindfulness, yoga, dance, girls football, football 	<u>£1250</u>
5	<p>Staff to develop their knowledge and skills to deliver a high-quality PE curriculum</p> <ul style="list-style-type: none"> - CPD for teaching staff - Coaching and team teaching - Observing best practice in other schools - Integrate physical activity into other subjects including Maths, English and Science. 	<ul style="list-style-type: none"> - Staff feel confident in delivering PE lessons - Pupil outcomes improve due to quality teaching learning in PE lessons and activities 	<u>£1450</u>
4	<p>Broaden the pupils' sports and physical activity experiences</p> <ul style="list-style-type: none"> - Offer a wider range of extra-curricular sports and physical activity clubs including ones for social, emotional and mental health. - EMAT Ability and Olympic Games - Whole school events - Visits and visitors - Activity Whole School day with adventurous activities for the children to take part in. - 	Pupils access a broad range of physical activity experiences and gain cultural capital	£7150

Swimming: meeting the national curriculum requirements for swimming & water safety

Swimming and water safety are national curriculum requirements and essential life skills. The national curriculum requirement is that by the end of key stage 2, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres.
- use a range of strokes effectively, for example, front crawl, backstroke and breaststroke.
- perform a safe self-rescue in different water-based situations.

You can use the PE and Sport Premium to fund the professional development and training that is available to schools to train staff to support high-quality swimming and water safety lessons for their pupils.

You can use your funding for:

- professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for their pupils.
- additional top-up swimming lessons to pupils who have not been able to meet the 3 national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water.

Schools are required to annually publish information on the percentage of their pupils in year 6 who met each of the 3 swimming and water safety national curriculum requirements

Outcome	% of pupils achieving outcome
	2024/2025
Swim competently, confidently and proficiently over a distance of at least 25 metres	N/A
Use a range of strokes effectively; front crawl, backstroke and breaststroke	N/A
Perform safe self-rescue in different water-based situations	N/A
The premium may also be used to provide additional top-up swimming lessons to pupils who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons. At the end of key stage 2 all pupils are expected to be able to swim confidently and know how to be safe in and around water. Have you used any funding for this purpose?	N/A